

9 a.m. to Noon
Saturday, August 14

Central Catholic HS

Auditorium
4720 Fifth Ave,
Pittsburgh, PA 15213

Featured Topics:

- Covid-19's impact on emotional health
- Identifying emotional wounds
- Where to find programs and resources for parish members

Keynote Speaker:

- Doctor William Hahn,
Deacon, Licensed Psychologist

Open to all pastors, pastor associates, school staff & teachers, CCD teachers, youth ministers, church leaders, and concerned parish members.

Registration is free:

Contact Meghan Wallace at
mwalla@ccpgh.org or
412-456-6950.

Free Mental Health and Well-Being Seminar

Healing Strength for the Mind, Body and Soul

Post-Pandemic Stress Awareness and Fostering Relief

Preparing and equipping those working in ministry and education of the Church to care for neighbors wounded by the pandemic emotionally and spiritually.

Even as Covid cases decrease, the emotional trauma continues to rise.

How will you offer compassionate care to those wounded by the pandemic emotionally and spiritually?

“He heals the brokenhearted and binds up their wounds.” - PSALM 147:3

Sponsored by Catholic Charities and the Catholic Diocese of Pittsburgh

In partnership with:

Listening Friends

Mental Health First Aid

NAMI (National Alliance on Mental Illness)

American Foundation for Suicide Prevention

